

Books related to coaching, leadership, creating a healthy culture:

[Compassionate Leadership is Necessary but not Sufficient](#) (this is an article)

[Mind Gym: An Athlete's Guide to Inner Excellence \(mental performance\)](#) – Gary Mack

[Leaders Eat Last](#) – Simon Sinek

[The Power of Habit](#) – Charles Duhigg

[Mindset](#) – Carole Dweck

[The Tough Stuff](#) - Cody Royle

A book specifically about the challenges of being a head coach.

[Belonging](#) - Owen Eastwood

A British Olympic consultant who focuses specifically on team culture and creating a sense of belonging.

[Chatter: The Voice in Your Head and Why It Matters](#) - Ethan Kross

All about self-talk and how to use our inner coach for good.

[Group Genius](#) - Keith Sawyer

A book about creating great teams.

[Emotional Agility](#) - Susan David

An innovative approach to navigating life's challenges.

[The Culture Code: The Secret of Highly Successful Groups](#) - Dan Coyle

A resource about developing great cultures

[Range: Why Generalists Triumph in a Specialized World](#) - David Epstein

A book about the power of learning from diverse fields

[Legacy](#) – James Kerr

An inside look at the New Zealand All Blacks and what it takes to lead a team/organization.

[The Five Dysfunctions of a Team](#) – Patrick Lencioni

Understanding team dynamics and the factors that get in the way of developing an effective culture.

Podcasts

Compete Everyday podcast

Eighty Percent Mental

EntreLeadership

Finding Mastery

High Performance Mindset

Increase Your Impact

Intentional Performers

School of Greatness