

## **Fathers as Role Models**

As we get ready to celebrate Father's Day, we acknowledge the important role that fathers serve. Fathers are some of the most influential role models for children. As we all know, children are sponges and take in everything they see and hear. When raising children, fathers have to be aware that they are constantly being watched. The question is, how can fathers be the best role model for their children?

### **Lead by Example**

We all can relate to when our parents told us, to "lead by example." If children see their father treating others with kindness, then they will be leading by example to show their children how to treat others. Another example of this is your commitment to continuing your education, whether it is completing your bachelor's degree, earning an advanced degree, or working on some type of personal or professional development program. This will serve as a great example for your children on the importance of education.

### **Love**

The greatest way a father can be a role model is to show their children love. Tell and show your children that you love them. By doing so, you are showing that men can show their emotions, then they will be able to pass that down to their children.

### **Discipline**

Show your children what discipline is. For example, if a friend asks to go to dinner, but you have work to complete, kindly decline and complete your work. Showing your children that you have discipline, will hopefully be a quality that stays with them.

### **Always Teach**

Always be ready to teach at any moment. If you fail or succeed at something, there are teachable moments to share with your children. Any type of environment you are in, you can teach. This could be at home, the grocery store, a football game, and even in the car.

### **Attitude**

Try to always have a can-do attitude for your children to see. If they are around positive and motivated attitudes, then hopefully, they will be too. Being negative will only create more negativity.

### **Work Ethic**

Fathers can actively show their children how to have a great work ethic. This can be done by children helping their father with yard work or work in the house or working hard at their job. They will then see the work they completed and can be proud of what they accomplished.

Keep in mind these helpful tips to be the best role model possible for your children and others.