THE TRUST + Exos + HOUSE OF ATHLETE PRESENT

# PHYSICAL THERAPY BENEFIT

IT'S TIME TO TACKLE YOUR PAIN!

Eligible former players can receive up to 16 Physical Therapy sessions at one of 44 Exosaffiliated facilities & HOA's Weston,FL facility.

### A Former Player Must:

- Have activated their Trust Benefit
- Have been referred by The Trust to Exos or HOA

### Benefit Includes:

- Full Physical Therapy evaluation
- Skilled Manual Therapy including joint and soft tissue mobilizations and other appropriate modalities
- Corrective exercise plan focused on individual goals
- Individualized one-on-one remote or inperson nutrition consultations with an Exos Registered Dietitian (Only offered by Exos)

TO GET STARTED, CALL 866-725-0063



# LOCATIONS

### ARIZONA

**Phoenix** Scottsdale CALIFORNIA

Los Angeles Santa Monica El Segundo Novato Larkspur

### COLORADO

Castle Rock Littleton Aurora

Lithia Palm Beach Gardens Jupiter West Palm Beach Sebastian Vero Beach **Gulf Breeze** Weston

### GEORGIA

Atlanta Buford Chamblee Convers Cumming Dawsonville Decatur Flowery Branch Gainesville Demorest Lawrenceville Loganville Oakwood Snellville Bethlehem

### <u>LOUISIANA</u>

**New Orleans** 

## KANSAS

**Overland Park** Lansing

### MISSOURI

**Grain Valley** Independence Lees Summit Liberty Belton Warrensburg

### MISSISSIPPI

Olive Branch MONTANA

Bozeman

### OKLAHOMA

Tulsa **Broken Arrow Owasso** 

### <u>TENNESSEE</u>

Jackson Memphis

### **TEXAS**

Austin Frisco

### WISCONSIN

Franklin