THE TRUST + EXOS PRESENT

PHYSICAL THERAPY BENEFIT

IT'S TIME TO TACKLE YOUR PAIN!

Eligible former players can receive up to 24 Physical Therapy sessions at one of over 45 EXOSaffiliated facilities across the country.

A Former Player Must:

- Have activated their Trust Benefit
- Have been referred by The Trust to EXOS for Physical Therapy

Benefit Includes:

- Full Physical Therapy evaluation
- Skilled Manual Therapy including joint and soft tissue mobilizations and other appropriate modalities
- Corrective exercise plan focused on individual goals
- Individualized one-on-one remote or in-person nutrition consultations with an EXOS Registered Dietitian

TO GET STARTED, CALL 866-725-0063!





LOCATIONS

ALABAMA Vestavia Hills

ARIZONA Phoenix Scottsdale

CALIFORNIA

Carlsbad Larkspur Los Angeles Novato

COLORADO

Aurora Castle Rock Littleton

FLORIDA

Gulf Breeze Jupiter Lithia Palm Beach Gardens Sebastian Tampa Vero Beach West Palm Beach

KANSAS

Lansing Olathe Overland Park

LOUISIANA New Orleans

MINNESOTA Waite Park

<u>MISSOURI</u>

Belton Grain Valley Independence Lees Summit Liberty Warrensburg

MISSISSIPPI Olive Branch

MONTANA Bozeman

OKLAHOMA Broken Arrow Owasso

Tulsa

TENNESSEE Collierville

Jackson Memphis

<u>TEXAS</u>

Abilene Austin Frisco Midland San Antonio

WISCONSIN Franklin